



SAPPIN

SA Parenting
Programme
Implementers
Network

Parenting Programmes

Now more than ever a need for parenting support

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This is a simple message

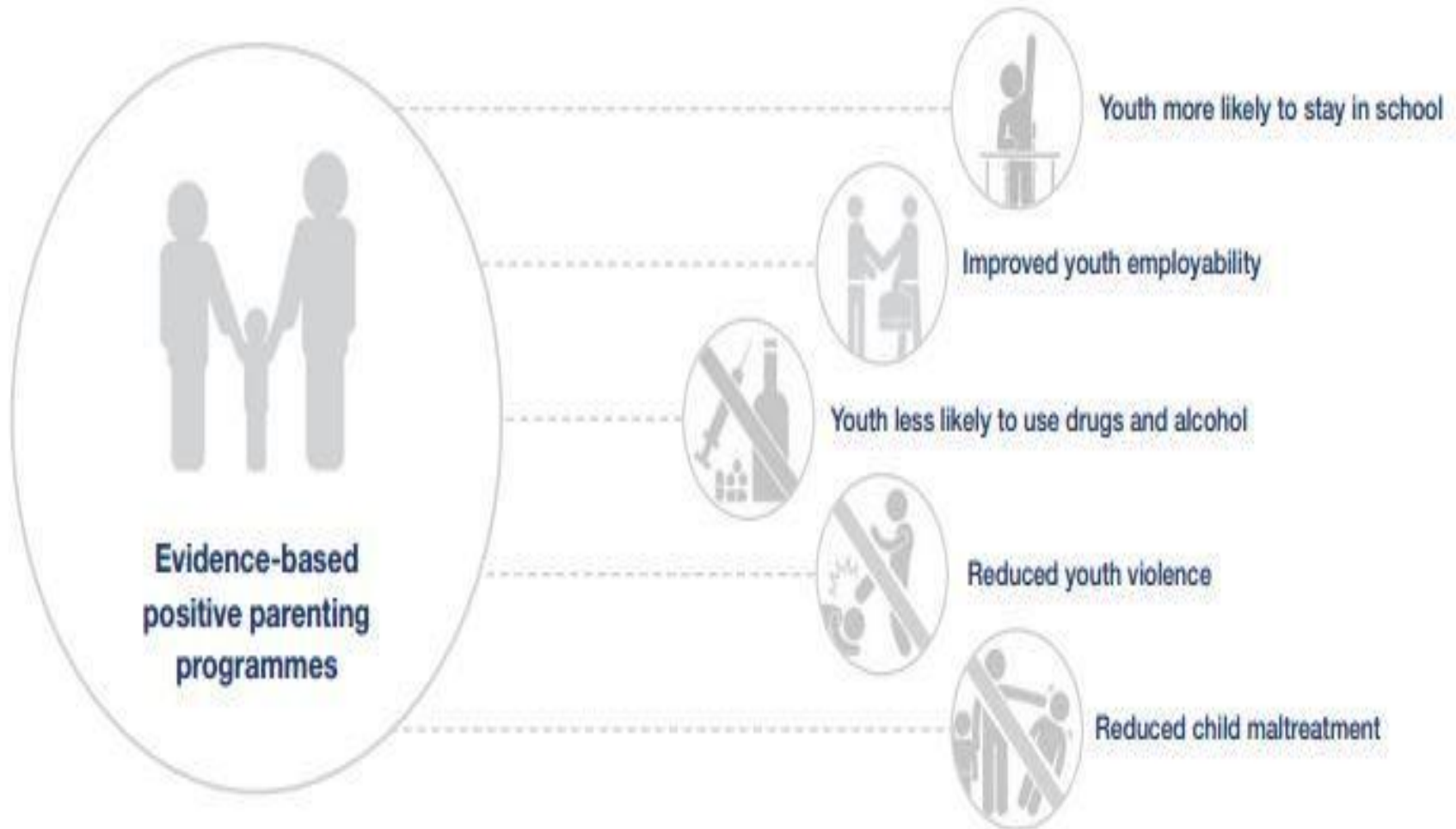
The strength and cohesiveness of societies rests
largely on the strength of the families

Ban Ki Moon (former UN Secretary-Gen)

How to support parents



Good parenting has widespread positive effects



A secure caregiver child relationship



Parenting and Violence Prevention

- ‘Violence prevention starts in the home with family and parental relationships’
- ‘Responsive nurturing caregivers are critical to enable early development and protect children from risks in their environments’
- ‘Caregivers need enabling environments’
- ‘Parenting and caregiver support programmes have been identified to improve family dynamics, address gender inequality and prevent violence against children’

Fathers' groups



Who is SAPPIN

- We have our roots in the Violence Prevention Forum – Govt, Civil Society and Researchers
- A Network of Parenting Prog Implementing organisations with a National footprint
- We share and commit to a set of principles thereby ensuring confidence between each other and other stakeholders regarding our entities and the programmes we deliver

What is evidence based?

- “evidence-based” programmes are considered the gold standard.
- That is to say, *unadapted* parenting programmes that have had “at least one high-quality *randomized control trial*, independent of the original designers, with no financial interest in the programme” (Def: Blueprints) which showed positive outcomes, are supported by government, academic institutions and funders.
- This serves to ensure that programmes are impactful, of a high quality, and do no harm.
- This agenda is being driven on a policy level.

Evidence of Parenting programme impact in SA

- There is a growing body of literature demonstrating evidence of parenting programmes in this country
 - See Ward et al. 2019; Lachman et al. 2016, Cluver et al. 2016, 2018
 - Mapping research on evidence programmes. Amisi 2021

SAPPIN's position on evidence based agenda

- Adaptation to programmes is necessary
- RCTs do not fully guard against harm
- Purchasing IP (Intellectual property), running RCTs, and researching all adaptations is costly
- academic information is elevated over the voices of experienced implementers
- We need to broaden this definition so as to reach more families and to document quality work

SAPPIN's position on quality and impact

- Quality programmes must be implemented.
- In order to ensure quality, implementers should be committed to undertaking:
 - (1) M&E
 - (2) regular reflective supervision;
 - (3) should use programmes that are (3) evidence –based, led or informed & should offer these programmes within
 - (4) a basket of services (referral network) to ensure optimal service delivery towards the families served.

Core principles of SAPPIN

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- Parenting progs and implementers should promote warm and non violent relationships
 - Ethos of collaboration and learning
 - Quality programmes
 - Social cultural and religious sensitivity
 - Do no harm
 - Governance

Scaling up

- We need to continue interrogating what has worked and what hasn't as we begin scaling up promising programmes
- Necessity of *Implementation Research* from implementing organisations to document learnings
- Networks of Community Based Organisations are an important conduit for this process
- Leadership and early investment (Matthews and Berry, 2021)

Some Parenting Programmes within SAPPIN

- PLH
- Thula Sana (Pregnancy to +-6months)
- Baby Blanket Project (0-6 years)
- Sinovuyo Parenting Programmes – kids (2-9 years) and teens (10 – 18 years)
- ICDP – (International Child Development Programme) (0- 18 Years)
- Circle Of Security- Parenting (0-5 years)
- Parent Effectiveness Training
- Parent Skills Training

Why first 1000 days work is important to prevent violence



In the first years of life, parents and intimate family members are the best providers of nurturing care, which is why family-centred care is important. Engagement between parents and their young child, expressed before speech, develops through cuddling, eye contact, smiles, vocalizations and gestures; it is the engine that propels brain development

Nurturing Care Framework for Early Childhood Development

Working in a multi-cultural setting

- In all aspects of our work –
 - Adaptations of theory and practice for clinical work with children and families
 - Training and resourcing of mental health practitioners from cultural context of the work (Home Visitors and Early Childhood Community Practitioners)
 - Being respectful of culturally diverse ways of parenting
 - Parenting in our context – realities of parenting here often characterized by high levels of toxic stress

CONTACT DETAILS

- Please contact Wilmi Dippenaar, Blanche Rezant or Katharine Frost at SAPPIN should you be interested in finding out more about SAPPIN, our member groups and the programmes held within the network

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THANK YOU
