



COUNSELLING AND SUPPORT SERVICES

**THERE IS
NO FORCE
EQUAL
TO A WOMAN
DETERMINED
TO RISE**

~W.E.B Du Bo

CONTACT US

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OFFICE HOURS: Monday to Friday
Time: 8h00 until 17h00.
Services also available at
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PORT ELIZABETH
RAPE CRISIS
— CENTRE —

VISION

Our vision is to develop a multi-sectoral approach towards the elimination of all forms of gender violence by working with various stakeholders, and the provision of assistance on a holistic basis to victims of gender base violence and their families.

MISSION

The Rape Crisis Centre aims to be a centre which provides holistic and gender sensitive assistance, prevention, and empowerment in all forms of sexual violence.

OBJECTIVES

In pursuit of its mission the organisation provides advice and assistance in the following areas:

- Counselling and psychological assistance.
- Court support for rape survivors
- Court support for domestic violence victims
- Assessment of children and referral
- Information dissemination
- Preventative Education
- Lobbying and advocacy around issues of sexual violence.

BACKGROUND HISTORY

Rape Crisis Centre has been operating in the Port Elizabeth region since 1992. We are a non-governmental organization (NPO) serving the needs of rape survivors, irrespective of racial, religious, gender or language backgrounds.

We have a board responsible for overall policy and decision making. The Board includes representatives from the medical, legal, psychological and community sector. It is balanced in regards to gender and community proportions and also has staff representation. We serve the Nelson Mandela Metropolitan, and where necessary in the semi-rural areas.

AREAS OF OPERATION

New Brighton, Kwazakhele, Zwide, Soweto on Sea, Wells Estate, Ikamvehile, Motherwell, Schauderville, Gelvandale, Helenvale, Arcadia, Salsoniville, Jacksonville, Bloemendal, Bethelsdorp, various extensions in the Northern Area, Kensington, Missionvale, Veeplaas, KwaNoxolo, Kwadwesi, Kwamagaxi, Uitenhage, Kabega Park, Humewood, Summerstrand, and surrounding rural areas, eg Hankey, Peddie, Port Alfred, Klipaat, Patensie and Humansdorp.

SERVICES OFFERED

Over 10,000 rape survivors have been assisted by the organisation and at least 60,000 learners from senior and secondary schools have received awareness and education from the Rape Crisis Centre's Life Skills and Rape Preventative Project.

OUR DIRECT SERVICES ARE DIVIDED INTO SECTIONS:

- Counselling and psychological services.
- Court support for domestic violence survivors
- Court support for rape survivors.
- Assessment of children and referrals.
- Counselling services for parents of survivors.
- Rape prevention education at schools.
- Research and monitoring.
- Advocacy and lobbying on sexual violence.

COUNSELLING SERVICES

The objectives of this project is to provide advice and ongoing counselling services for rape survivors (both female and male) as well as immediate family members.

SERVICES OFFERED

- Acute counselling services.
- Intake and assessment of children and referrals.
- Ongoing counselling
- Psychological support up to trial.
- Referral of clients who need intensive intervention.

RAPE PREVENTION SCHOOL PROJECT

- The Rape Crisis Centre provides awareness and preventative education on rape, domestic violence, HIV/Aids, alcohol and drug abuse at various schools. Learners are trained as peers helpers to assist their respective peers.
- The Rape Crisis Centre has established peer helpers clubs in respective schools. The schools refer learners to The Rape Crisis Centre for counseling.
- Counselling
- Peer helpers organise awareness on rape, drug and alcohol abuse, teenage pregnancy and safety mapping.

TRAINING

Training is conducted with various members in the community on rape, domestic violence/ HIV and contributing factors of gender based violence.

OUR SERVICES

A fee is charged to individuals requesting training. The Rape Crisis Centre has conducted several training workshops in Humansdorp, Bizana, as well as in the Nelson Mandela Metropolitan area. Rape Crisis Centre also receives several requests from the churches, communities and civic organisations.

RESEARCH AND INFORMATION PROJECT

The project was implemented in mid-October 2005. The aim is to document rape cases and identify the reasons for the low conviction rates on rape cases.

ADVOCACY AND LOBBY

The Rape Crisis Centre have lobbied the Provincial Health Department to administered Anti-Retroviral drugs to rape survivors at the State Hospitals in Port Elizabeth. Rape Crisis Centre was successful and government provided AZT to children and Adults.

REAL MEN DON'T RAPE!